



Mindful and Trauma Informed Schools Factors Influencing the Trauma Response

Characteristics of the Individual	Characteristics of the Environment	Characteristics of the Traumatic Event(s)
<ul style="list-style-type: none"> • Child’s age and stage of development • Prior history of trauma • Intelligence • Strengths and vulnerabilities of personality style; coping and resiliency skills • Individual’s culturally based understanding of the trauma 	<ul style="list-style-type: none"> • Immediate reactions of caregivers or those close to child • Type of, quality of, and access to constructive supports • Attitudes and behaviors of first responders and caregivers • Degree of safety afforded the victim in the aftermath • Prevailing community attitudes and values • Cultural and political constructions of gender, race, and sexual orientation 	<ul style="list-style-type: none"> • Frequency, severity, and duration of the event(s) • Degree of physical violence and bodily violation • Level of terror and humiliation involved • Persistence of the threat • Physical and psychological proximity to the event (i.e., when the individual him/herself is not the victim)

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