



FROM (Deficit Perspective)	TO (Trauma-Informed & Strengths-Based)
What is wrong?	What has happened?
Symptoms	Adaptations
Disorder	Response
Attention seeking	The individual is trying to connect in the best way they know how
Borderline	The individual is doing the best they can given their early experiences.
Symptoms	The individual seems to be trying to assert their power
Disorder	The individual has difficulty asking directly for what they want
Attention seeking	Seeking help in a way that feels safer

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