



Review Tool for School Policies,  
Protocols, Procedures & Documents:  
Examination through a Trauma-  
Informed Care (TIC) Lens

TIC Value	Desired Responses by Students & Families to the Policy, Protocol, Procedure or Document  This Policy, protocol, procedure or document:	Consistency with the Desired Response*					Cite evidence to support rating (see page 3 for examples)
		1 - Very Inconsistent	2 - Inconsistent	3 - Neutral or Not	4 - Consistent	5 - Very Consistent	
Safety	Reinforces you will listen to my history without judging me.  Shows you value my emotional and physical safety, even if it means you have to change your usual approach.						
Trustworthiness	Recognizes trust is something that is earned over time, so I may not tell you the truth until our relationship is established.  Shows you understand I may “test” our relationship, because in the past I have been hurt by people close to me who told me they were doing what is best for me.						
Collaboration	Shows you believe relationships matter and you want to know more about me, my history and my current life circumstances, so we can work well together.  Shows we will work together to create a plan to help me learn skills, rather than you telling me what the plan is to change my behavior.						

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Choice	<p>Recognizes a “one-size-fits-all” approach can make me feel discounted.</p> <p>Recognizes I can’t learn to make better choices, unless you give me real choices to make.</p> <p>Shows my choices are important and valued by you. In the past, I’ve been told what I think doesn’t matter and to do things that make me uncomfortable.</p> <p>Helps me to believe I have meaningful choices and the choices I make will be respected by you.</p>						
Empowerment	<p>Redefines what everyone says are my “problems” as coping strategies.</p> <p>Recognizes my strengths and anticipates I will need to build skills in areas where I struggle.</p> <p>Recognizes I often feel like I can’t be successful and require my strengths to receive more emphasis.</p> <p>Recognizes most of my life I’ve been told what to do and how to do it. As a result, I have to work hard to believe my choices and opinions matter to other people.</p> <p>Helps me to feel more confident and hopeful about my future.</p>						

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